

GRAVITY CROSS TRAINER



The Gravity Cross Trainer provides comfortable, low-impact movement and flow while also providing upper body ergonomics. With the inclusion of built-in Workout Boosters, the Gravity Cross Trainer stands out as an optimal choice for a diverse range of exercisers.

FEATURES

- 24" Stride Length
- Long-lasting performance
- MultiGrip and Converging Path handlebars
- Advanced Programs & Workout Boosters

SPECIFICATIONS

DIMENSIONS (L x W)
69" x 31" / 175 cm x 78 cm

STEP-UP HEIGHT
9" / 23 cm

DRIVE SYSTEM
Front Drive

PRODUCT WEIGHT
320lbs / 145kg

COLOR
Matte Black



Converging Path
handlebars follow the
natural path of the arms.

Close pedal spacing at only
1.8" aligns the body from head
to toe and reduces pressure
on the lower back.

CONSOLE OPTIONS



UNITE 22"
TOUCHSCREEN



UNITE 16"
TOUCHSCREEN



UNITE 10"
TOUCHSCREEN



UNITE LED
CONSOLE

GRAVITY CROSS TRAINER

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating (110V required with non-LED consoles)
	Cord Length	12' / 3.7M
	Drive System	Front Drive
	Resistance Levels	30
	Stride Length	24" / 61 cm
	Electronically Adjustable Stride	No
	Moving Handlebars Lockout	Yes
	Quiet Motor	Yes
	Workload Range	40-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedal Spacing	1.8" / 4.6 cm
	Handlebar Design	MultiGrip
	Contact Heart Rate Monitoring	Yes, stationary handlebars
	Resistance Source	Hybrid Self-Generating Brake
	Stride Length	24" / 61 cm
	Footpad	Molded Plastic
	Exercise Arms	MultiGrip and Converging Path Handlebars
	Covered Track and Rollers	Yes
	Asset Management	Ecofit
AVAILABLE CONSOLES	UNITE 22", UNITE 16", UNITE 10", and UNITE LED	
WORKOUTS	UNITE 22", UNITE 16" and UNITE 10" Consoles	10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RUNS
	UNITE LED Console	10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL
WORKOUT BOOSTERS	UNITE 22", UNITE 16", UNITE 10", and UNITE LED Consoles	X-MODE, GLUTEKICKER, ARMBLASTER
TOTAL BODY WORKOUT	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
EXTRAS	Accessories	Water Bottle Holder, Reading Rack/Tablet Holder
OPTIONAL STEP	Yes	
PHYSICAL SPECIFICATIONS	Footprint	69" L x 31" W / 175 cm x 78 cm (with Steps - 83" L x 37" W / 211 cm x 94 cm)
	Active Footprint	83" L x 34" W / 210 cm x 86 cm
	Machine Weight	320 lbs / 145 kg
	Machine Weight with Side Steps	348 lbs / 158 kg
	Shipping Weight	380 lbs / 172 kg
	Shipping Dimensions	82" L x 31" W x 36" H / 208 cm x 79 cm x 91 cm
	Maximum User Weight	400 lbs / 181 kg
	Step-Up Height	9" / 23 cm
COMMERCIAL WARRANTY	Portability	2 Front Transport Wheels
	Frame	7 Years
	Parts	3 Years
	Labor	1 Years
LIMITED-USE COMMERCIAL WARRANTY*	Console	3 Years
	Frame	7 Years
	Parts	5 Years
	Labor	2 Years
	Consoles	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

*To be eligible for the alternative limited-use commercial warranty, equipment use cannot exceed 6-hour use a day or be for use in a membership, dues paying, or institutional facility.

UNITE

LED Console



Provide your members with an intuitive and streamlined experience with the UNITE LED console. This easy-to-navigate console provides users with quick access to workouts and their stats on an icon-based interface. Compatible with all Apex, Gravity, Launch, and Vapor cardio equipment.

FEATURES

- SELF-GENERATED
- INTUITIVE NAVIGATION
- 8 DATA POINTS FOR DETAILED WORKOUT FEEDBACK
- DEDICATED MESSAGE CENTER
- 10-KEY PIN PAD FOR EASY SETUP AND DATA ENTRY
- QUICK-ACCESS WORKOUT PROGRAM KEYS
- READING RACK



UNITE LED

ENTERTAINMENT & CONNECTIVITY	Displays	Time, Distance, Calories, Heart Rate, Incline, Speed, Track, Pace
	Heart Rate Control	√
	EcoFit	Compatible
	C-SAFE	√
	USB Ports for Software Updates	√
	Tablet Holder / Reading Rack	√
PROGRAMMING TREADMILLS, CLIMBER, ELLIPTICALS, & BIKES	Programs Unique to Product (See Product Sheets for Specific Workouts)	√
	Heart Rate Control Programs	√
	HRC Cruise Control	√
	Outside Interactive Videos	√
	Fitness Tests (See Product Sheets for Specific Workouts)	√
	Treadmills Total Workouts	24-25
	Climber Total Workouts	12
	Ellipticals Total Workouts	17
	Bikes Total Workouts	16
PROGRAMMING CROSS TRAINERS, RECUMBENT ELLIPTICALS, LATERALX, & XT-ONE	Programs Unique to Product (See Product Sheets for Specific Workouts)	√
	Workout Boosters (See Product Sheets for Specific Workouts)	√
	Heart Rate Control Programs	√
	HRC Cruise Control	√
	Outside Interactive Programs	√
	Cross Trainers Total Workouts	16
	Recumbent Ellipticals Total Workouts	18
	LateralX Total Workouts	18
	XT-One Total Workouts	18
SERVICE	Software Update via USB (USB-A port not designed for use with Apple devices)	√
	Self Diagnostics	√
	Locked Back End (Maintenance Mode)	√
POWER CONSERVATION	ERP Mode (Sleep Mode)	√
LANGUAGES	English and Overlays Utilizing Symbols Available for International	
PRODUCT AVAILABILITY	All commercial cardio models	
WARRANTY	3 Years	

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