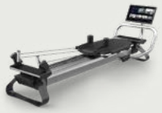
THE IMMERSIVE CARDIO EXPERIENCE

ULTRA 1



Ultra 1 RX
RX-01S



Ultra 1 RX-S
MS-01S



Ultra 1 Treadmill
NTL99925

24 SERIES



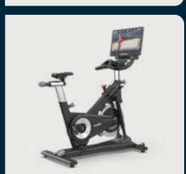
i24 Incline Trainer
FMIT2226



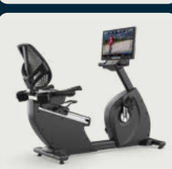
t24 REFLEX™ Treadmill
FMTM2226



e24 Elliptical
FMEL2226



b24 COACHBIKE™
FMCB2226



r24 Recumbent Bike
FMRB2226



u24 Upright Bike
FMUB2226

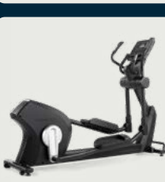
10 SERIES



i10.9b Incline Trainer
FMTK74222



t10.9b REFLEX™ Treadmill
FMTL70722



e10.9b Elliptical
FMEL84422

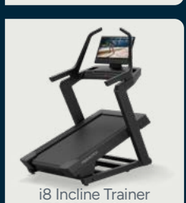


r10.9b Recumbent Bike
FMEX82522



u10.9b Upright Bike
FMEX82422

8 SERIES



i8 Incline Trainer
FMIT0826



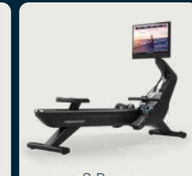
t8 Treadmill
FMTM0826



b8 CoachBike
FMIC0826



e8 Elliptical
FMEL0826

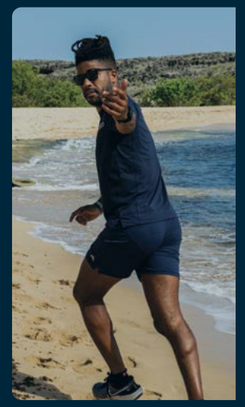


r8 Rower
FMRW0826

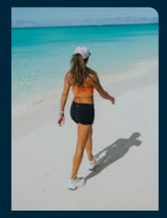
iFIT

FUTURE-PROOF YOUR FACILITY WITH FREEMOTION + iFIT

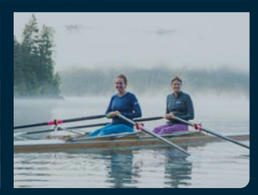
Empower your members with iFIT's interactive training technology, delivering auto-adjusting workouts and immersive global training experiences. By combining intelligent equipment with personalized content, Freemotion + iFIT helps facilities drive engagement, improve retention, and elevate the training experience on the cardio floor.











EGYM

BEST-IN-CLASS EGYM INTEGRATION

EGYM Coach delivers personalized fitness plans that sync directly to your machine, combining intelligent Trainer Prescriptions with iFIT's rich workout library for a seamless, premium experience far beyond basic 3 or 5 star integrations.



iFIT | FREEMOTION | NordicTrack

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FREEMOTION

PRODUCT PORTFOLIO



03/2026

FREEMOTION + iFIT



NordicTrack Ultra 1

Pilates Reformers



INTRODUCING THE

Pilates Reformers

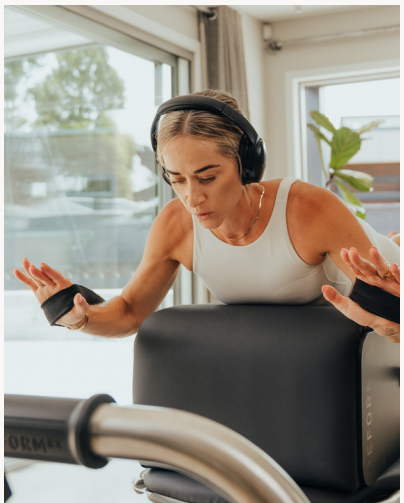
Where elegance meets innovation. The Reform RX and Reform RX-S are crafted with sleek, minimalist designs that bring a new level of sophistication to any space. Featuring compact, efficient footprints, they fit seamlessly into various fitness spaces without compromising quality or style.











PUSH BUTTON TECHNOLOGY

User-friendly, color-coded push-button technology to engage desired resistance load, with selected resistance displaying on screen in real-time.

Featuring 4 resistance load levels: 22-143 lbs (10-65 kg)

- Green button - 22 lbs (10 kg)
- Blue button - 33 lbs (15 kg)
- Red button - 44 lbs (20 kg)
- White button - 44 lbs (20 kg)

While the resistance is still controlled by springs, it provides enhanced user safety by keeping the springs encased within the Smart Spine™.

SMART SPINE™

The RX Smart Spine™ demonstrates how NordicTrack has elevated the overall design of the traditional reformer. Acting as an additional platform to perform exercises, it alleviates the previous user hazard seen on other reformer apparatus by eliminating exposed springs and open gulley.

Providing an improved and efficient footprint, the Smart Spine™ encases both the RX spring resistance and next-generation tracking technology.

INFINITY FOOTBAR

The RX infinity footbar maximizes training and class programming potential with 28 different locking positions.

It seamlessly glides to the very back of the RX Smart Spine™. It's easily adjusted by pressing down on the foot pedal, located on both sides of the footbar.

The RX footbar is also fully functional in glide mode (not locked), supporting and promoting increased range of movement.

An optional grip support can be included depending on user preference.

ERGONOMIC HANDLES

Ergonomically designed handles are positioned on all four corners of the RX carriage for safety and functionality.

ELITE TRAINERS

Equipped with a tilting 24" HD touchscreen, Reform RX-S and Reform RX bring industry world-class trainers leading instructors into a variety of fitness spaces, at any time.

75+ ON DEMAND WORKOUTS

An ever-growing library of 75+ on-demand, expert-led workouts to keep users engaged from start to finish.

USER-FRIENDLY NAVIGATION

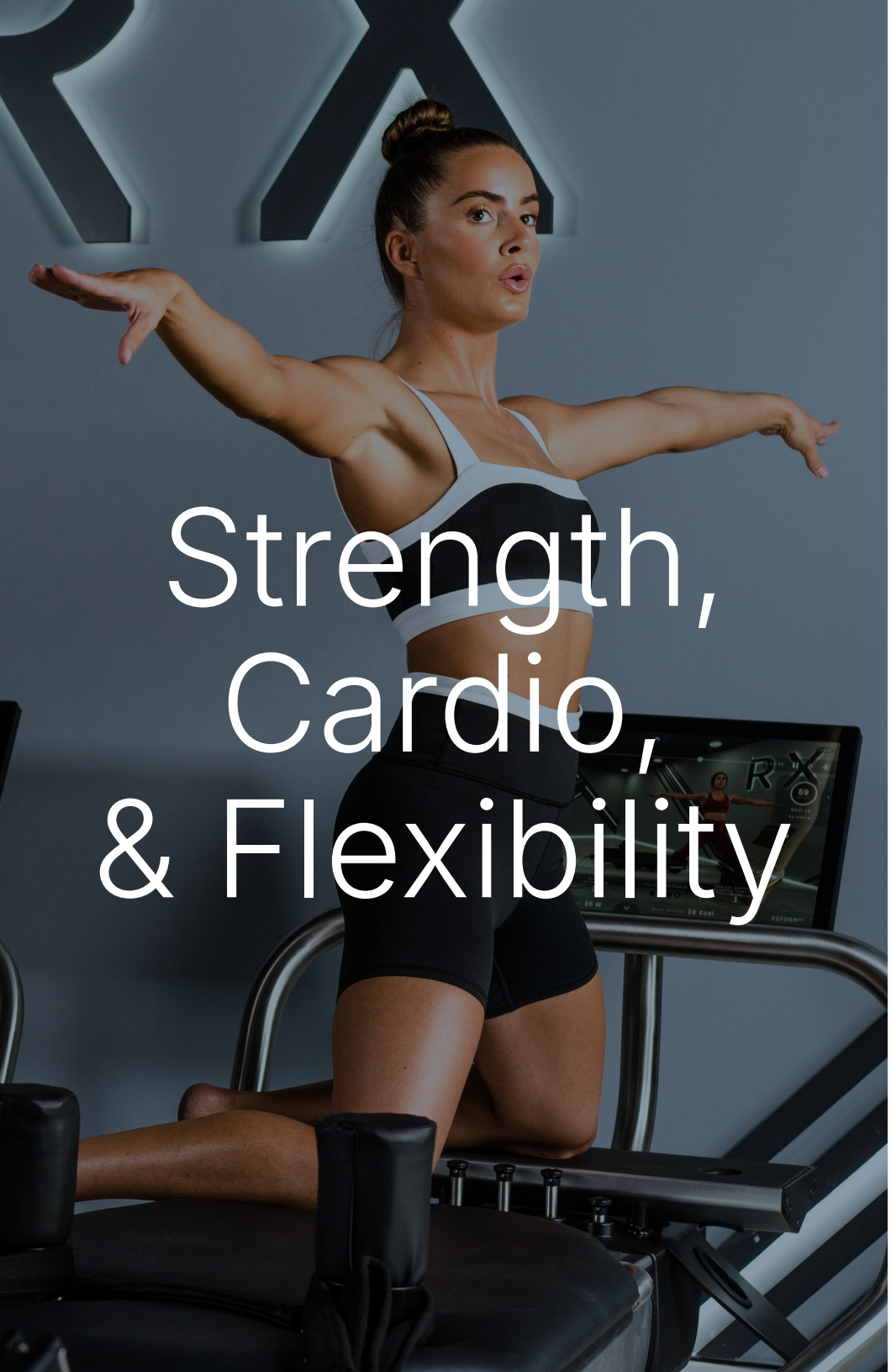
Users can choose their workouts based on their own preferences, from class duration, difficulty level, body focus, additional equipment, preferred instructor, and music genre.

REAL-TIME & POST-WORKOUT FEEDBACK

Unique, built-in user tracking technology housed in the Smart Spine™ provides biometric feedback on calorie consumption, power output, and heart rate to enhance user accountability and motivation.



Reformer Pilates, Digitally Connected



Strength, Cardio, & Flexibility

BLUETOOTH® COMPATIBLE

Equipped with built-in Bluetooth® connectivity to accommodate headphone/earphone device pairing for a fully immersive experience.

HEART RATE MONITORING

The RX is compatible with heart-rate monitoring devices. When connected, the user's heart rate will be displayed on the workout screen and overall heart rate will be presented in post workout analysis. (Heart rate monitor sold separately)





Education

Investing in Pilates education ensures your team can deliver effective, engaging sessions that elevate the client experience and maximize your commercial Reformer's value.

Training goes beyond equipment familiarity; it equips instructors with the skills to design and execute programming that drives results, builds confidence, and encourages repeat participation.

Well-educated staff create consistency and a premium experience, helping your business stand out in a competitive fitness landscape. Every Reformer installation includes a guided video tutorial - your first step toward mastery.





Pilates Foundation

EQUIPMENT ORIENTATION TRAINING

For studios or trainers new to Reformer Pilates equipment, this **2-hour** orientation provides a strong foundation in how the Reformer platform works.

- Led by a certified Master Trainer at your location
- Covers machine functions, safety checkpoints, and key adjustments
- Introduces the different training levels and class formats available on the platform
- Ideal as a first step before progressing to full program training

Outcome: Confidence in setting up and safely using NordicTrack equipment with your clients. Reference documents via QR code.

Pilates Elevate

COMPREHENSIVE FULL-DAY TRAINING

Designed for trainers who want to confidently deliver structured Reformer Pilates classes, this **8-hour** immersive training goes beyond the basics.

- Full-day in-depth training session
- Learn how to design and structure engaging classes
- Receive 3 ready-to-teach class plans
- Access Reform RX digital assets for ongoing support
- Includes a detailed training manual for easy reference
- Guidance from a Master Trainer to refine teaching technique and class flow

Outcome: Be fully equipped to teach professional, results-driven Reform Pilates classes with confidence and creativity. Certificate of Completion.

SPECIFICATIONS

Reform RX Model#: RX-01S

FOOTPRINT

Length with tablet/without tablet	127 / 113.4 in (322.5 / 288 cm)
Width	27.5 in (70 cm)
Height (from ground to carriage)	15.5 in (39.4 cm)
Footbar Positions	8 Positions

WEIGHT

Bed	230 lbs (104.3 kg)
Bed with tablet	244 lbs (110.7 kg)
Weight Limit	375 lbs (170 kg)
User Height Range	4'10" to 6'9"

SCREEN & SOUND

Size	24 in (61 cm)
Resolution	FHD - 1920 x 1080 ("2k")
WiFi	802.11 a/b/g/n 2.4/5 GHz
Workout Metrics	Watts, force, velocity, calories burned, heart rate, power output
Bluetooth®	BT5.0
X2 Rear Inbuilt Speaker	Yes
Number of Programs	300+

4 RESISTANCE LEVELS

Green button	22 lbs (10 kg)
Blue button	33 lbs (15 kg)
Red button	44 lbs (20 kg)
White button	44 lbs (20 kg)

Reform RX-S Model#: MS-01S

FOOTPRINT

Length with tablet/without tablet	118.3 / 104.7 in (300.5 / 266 cm)
Width	27.5 in (70 cm)
Height (from ground to carriage)	15.5 in (39.4 cm)
Footbar Positions	8 Positions

WEIGHT

Bed	210 lbs (95.2 kg)
Bed with tablet	224 lbs (101.6 kg)
Weight Limit	375 lbs (170 kg)
User Height Range	4'10" to 6'7"

SCREEN & SOUND

Size	24 in (61 cm)
Resolution	FHD - 1920 x 1080 ("2k")
WiFi	802.11 a/b/g/n 2.4/5 GHz
Workout Metrics	Watts, force, velocity, calories burned, heart rate, power output
Bluetooth®	BT5.0
X2 Rear Inbuilt Speaker	Yes
Number of Programs	300+

4 RESISTANCE LEVELS

Green button	22 lbs (10 kg)
Blue button	33 lbs (15 kg)
Red button	44 lbs (20 kg)
White button	44 lbs (20 kg)



Warranties

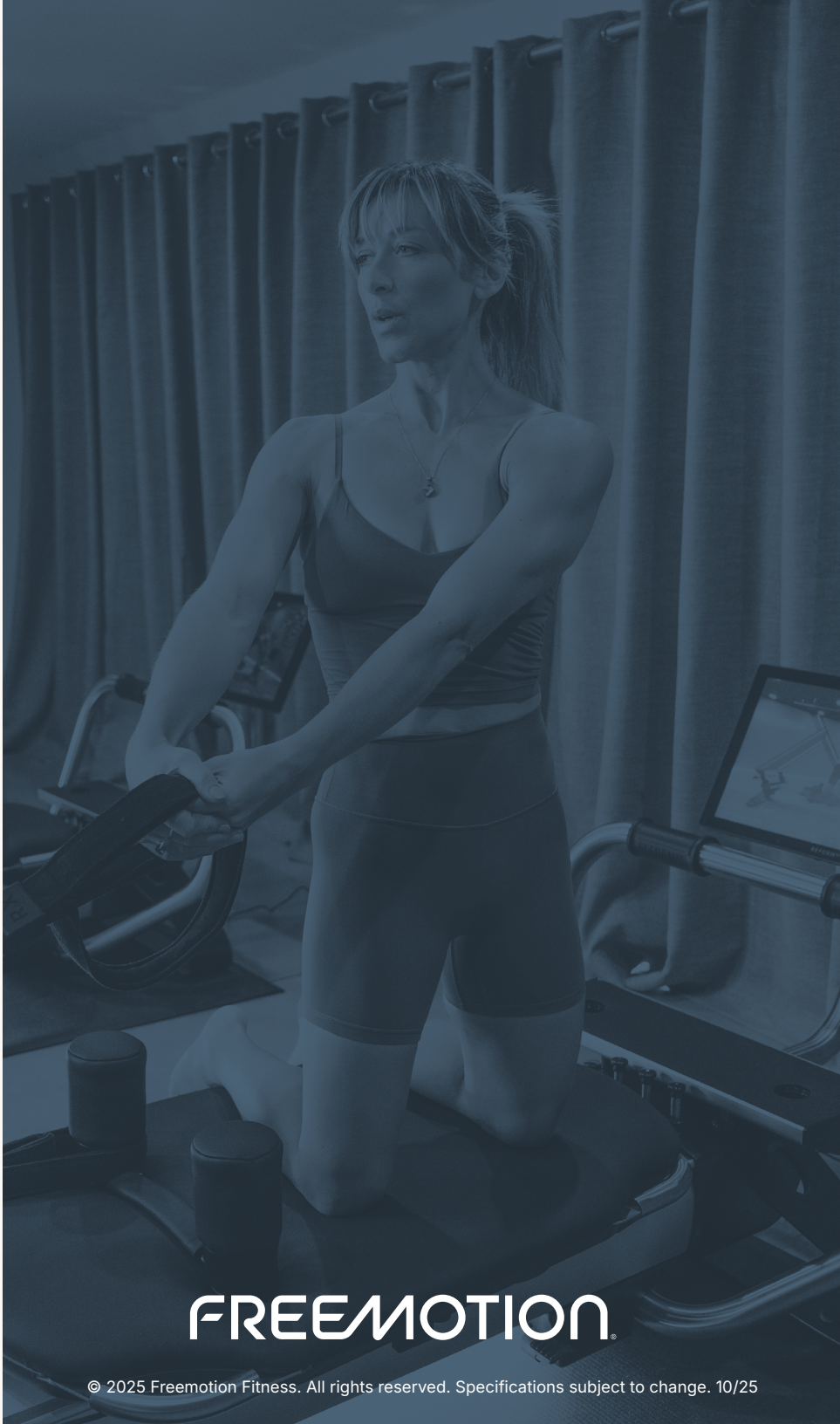
Frame	5 Years
Tablet	1 Year
Components	1 Year
Upholstery	1 Year
Accessories	1 Year



Maintenance & Servicing

In our unwavering commitment to ensuring the optimal performance and longevity of our products and services, Freemotion goes the extra mile in providing proactive support and maintenance.

Freemotion is proud to offer a 72-hour service window in the event of any concerns arising within the first 6 months of operation. This rapid-response service ensures minimal disruption and keeps our products and services running smoothly. In addition to this, scheduled maintenance checks will be conducted every 6 months, over a 2-year period, providing a proactive approach to quality assurance. These checks, performed by our expert technicians, aim to identify and address any potential issues before they impact performance. This preventative maintenance strategy ensures that you continue to deliver an unparalleled fitness experience, meeting the highest standards of excellence in both design and functionality.



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FREEMOTION®

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