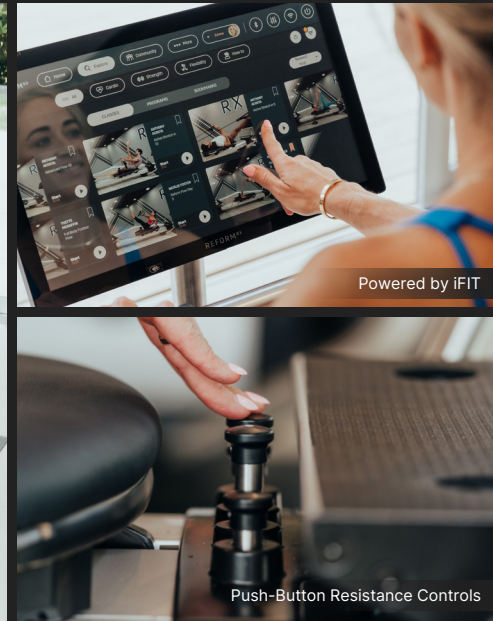




NordicTrack *Ultra 1*

Reform RX-S

Engineered to provide clients with world-class experiences, the Ultra 1 Reform RX-S makes reformer Pilates more accessible across a variety of commercial settings. Its compact design fits seamlessly into hospitality, multi-unit housing, and high-volume gyms, while still offering robust programming flexibility through rear loading poggles and a 7-lock point footbar. With push-button technology and screen integration, it maximizes consistency and member engagement.



Ultra 1 Reform RX-S

Product Features

ENCLOSED-SPRING SOLID SPINE

Engineered for high-traffic gym floors, this enclosed design helps reduce potential “pinch points” and snagging hazards. It provides a clean, professional aesthetic while increasing equipment longevity.

SMART SPINE™ REAL-TIME FEEDBACK

Deliver a data-driven experience with real-time tracking of watts, power output, and resistance levels. Provides members the measurable feedback they need to stay engaged and retained.¹

4 PUSH-BUTTON RESISTANCE CONTROLS

Quickly adjust resistance at the push of a button—no spring changes needed.

143 LBS (65 KG) PEAK RESISTANCE

Industry-leading resistance range allows a single machine to serve elite athletes and low-impact recovery clients alike. Offers 11 lb (5 kg) increments for precise, measurable progression.

SECURE WHEN NOT IN USE

When the studio is unattended, staff can engage all resistance buttons to anchor the carriage in place, discouraging unauthorized use and helping to reduce equipment wear.

QUIET OCEAN-FLOW CARRIAGE

Constructed with stainless steel tracks and high-density rollers for whisper-quiet movement. Reduces the “squeaky wheel” stigma and frequent lubrication needs of legacy reformers.

FULL PILATES WORKOUT LIBRARY

Access an extensive and growing library of on-screen reformer workouts led by industry experts.

TILTING 24” HD TOUCHSCREEN

Log in to iFIT, stream classes, and track progress with a bright, responsive screen.

MULTI-POSITION FOOTBAR

7-position traveling footbar adapts to every exercise and user height for truly personalized practice.

ERGONOMIC CARRIAGE HANDLES & REAR POGGLES

Built-in handles and rear poggles enhance comfort, stability, and movement variety.

RETRACTABLE CABLES

Keep your studio organized and clutter-free during every session.

JUMPBOARD & PILATES BOX ACCESSORIES

Maximize workout versatility with add-ons and expand into more cardio exercises.

IFIT PRO DIGITAL CO-PILOT

Act as a force multiplier for your staff. The 24” HD touchscreen provides world-class instruction on-demand, allowing for “Virtual Private” revenue streams or support for junior instructors.¹

1. Paid iFIT Pro membership required to access content and features. Free iFIT account, agreement to terms, and wi-fi required to operate equipment.
2. AI Coach provided via in-app messaging (see here for regional availability). Existing users who enrolled prior to September 2025 and users who opt-in after that date may continue using AI Coach via a text-based service (US only); msg & data rates may apply.

Specifications

Display Type	24 in (61 cm) full color capacitive touch display (Xenon 1.0)(Tilt)
Number of Programs	300+
Workout Metrics	Watts, force, velocity, calories burned, heart rate and power output
Carriage Material	Antimicrobial Vinyl
Built in handles/grips	4 - 1 grip on each corner of carriage
Extrusion Frame Material	Aluminum
Footbar Positions	7 positions
Strap type	Dual-loop design for hand and foot placement
Strap Adjustments/ Cable Management	Retracts via pulley to remove slack
Additional Foot Strap	Yes
Speakers	2 Integrated rear speakers
Safety Features	Enclosed springs, no gully, push-button resistance, carriage must dock to change resistance
Height Accessibility	4’10” – 6’7” (1.5m - 2.0 m)
Smart Spine	Time of flight sensors
Color Options	Midnight black
Included Accessories	No
Jumpboard Included/Optional	Optional
Maximum User Weight	375 lbs (170 kg)
Max Resistance Load	143 lbs (65 kg)
Resistance Levels	4 levels: 22–143 lbs (10–65 kg) Green button - 22 lbs (10 kg) Blue button - 33 lbs (15 kg) Red button - 44 lbs (20 kg) White button - 44 lbs (20 kg)
Product Dimensions (L x W x H)	118.3 x 27.5 x 15.5 in (300.4 x 70 x 39.3 cm)
Product Weight	224 lbs (101.6 kg)
Power Requirements	U.S. & Canada 15 Amp, dedicated circuit International 10 Amp, dedicated circuit
Warranties US, Canada & International	5 years - Frame 12 months - Tablet 12 months - Components