

RowERG

The Concept2 RowErg sets the standard for indoor rowing machines. Built by rowers, for rowers, the RowErg is used by people of all ages and abilities worldwide who want a full-body, low-impact workout.

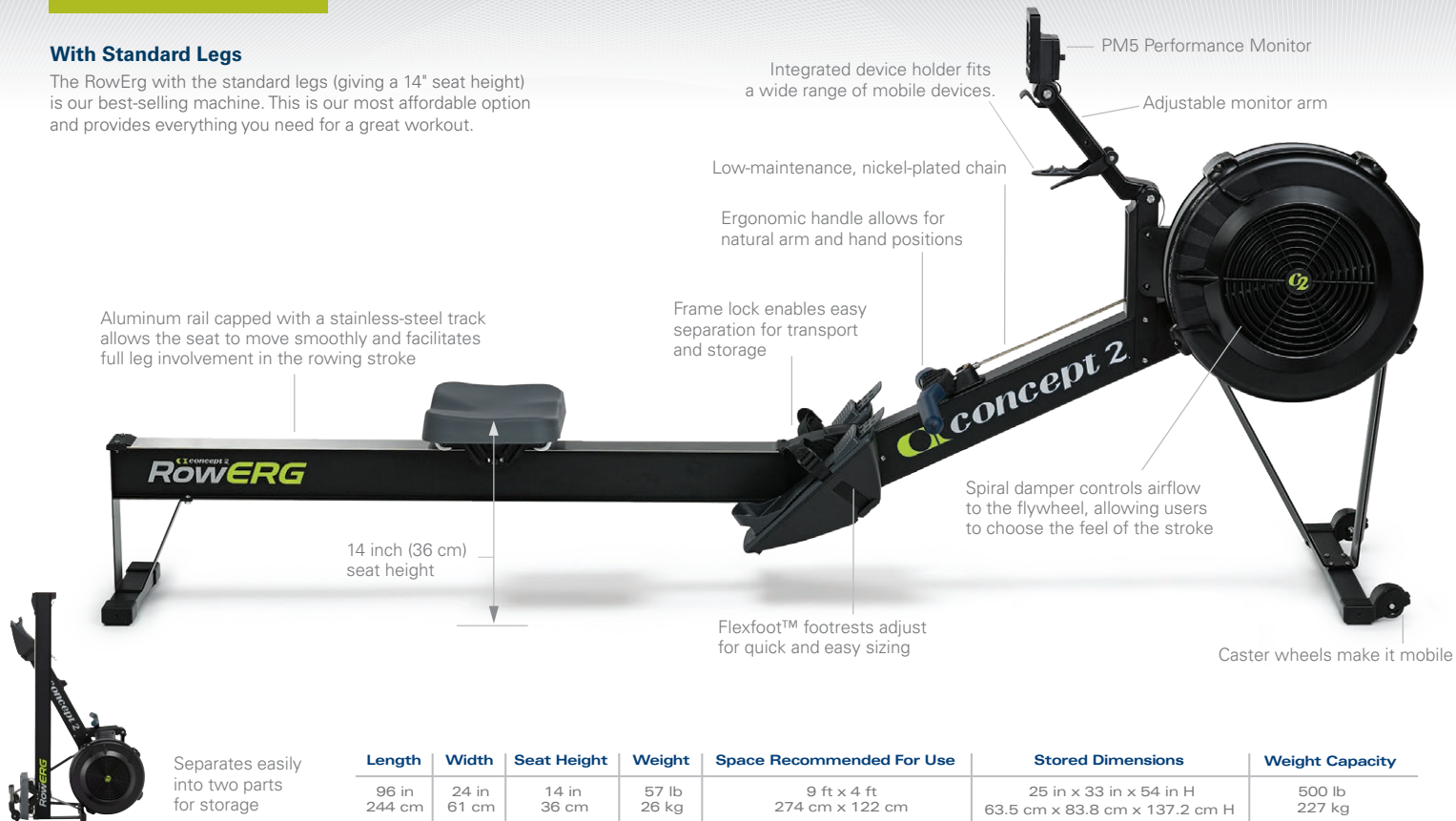
The Concept2 RowErg is available with either standard or tall legs. The standard legs give a 14 inch (36 cm) seat height while the taller legs make the seat 20 inches (51 cm) from the floor. The elevated version is a good choice if you would like a machine with a higher seat, or prefer the appearance of a taller machine. The powerful performance monitor connects via Bluetooth to a wide range of apps, including our own free app ErgData. An integrated device holder allows you to keep your smartphone or tablet securely in place while using ErgData or other favorite apps.



RowERG

With Standard Legs

The RowErg with the standard legs (giving a 14" seat height) is our best-selling machine. This is our most affordable option and provides everything you need for a great workout.



Separates easily into two parts for storage

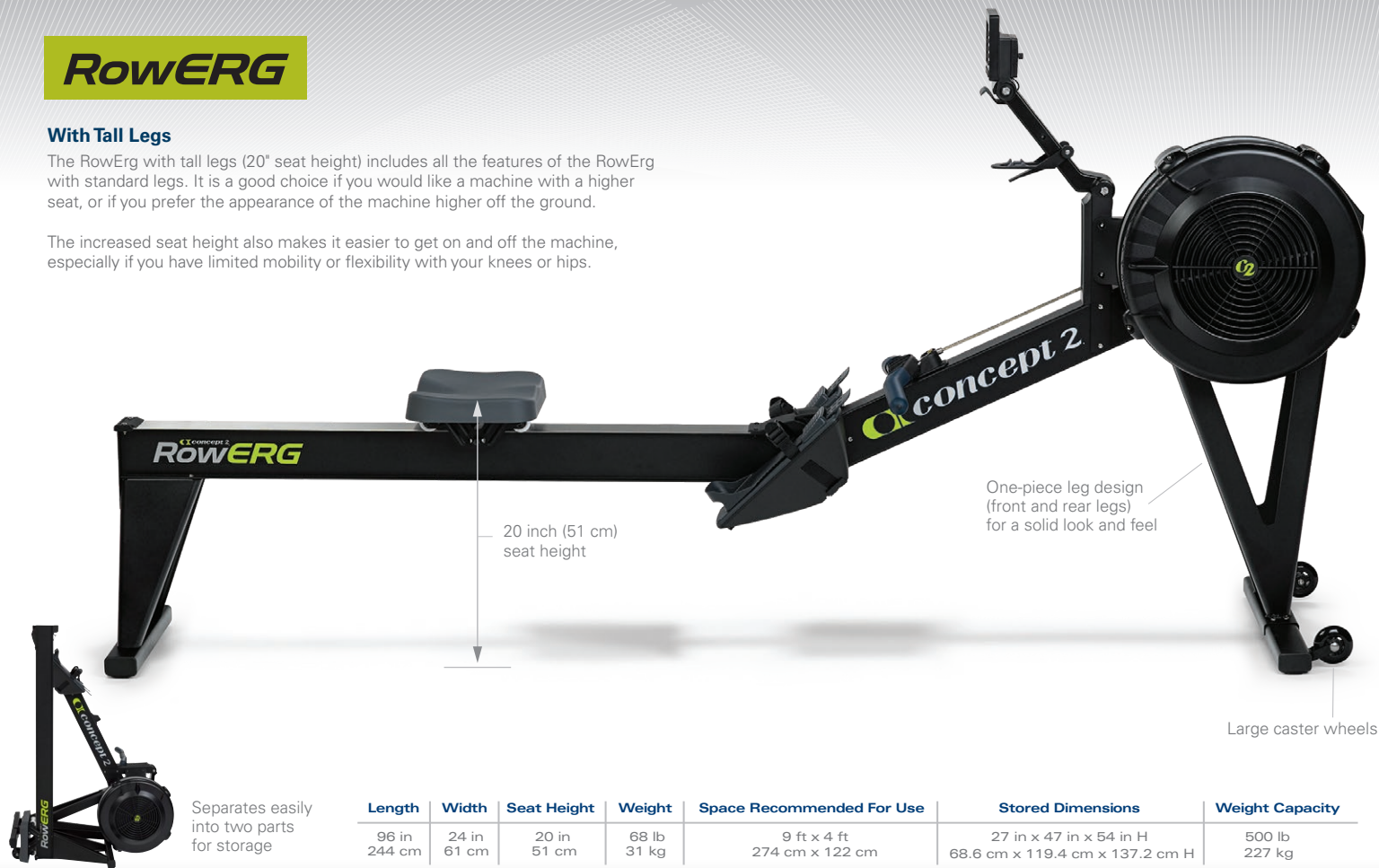
Length	Width	Seat Height	Weight	Space Recommended For Use	Stored Dimensions	Weight Capacity
96 in 244 cm	24 in 61 cm	14 in 36 cm	57 lb 26 kg	9 ft x 4 ft 274 cm x 122 cm	25 in x 33 in x 54 in H 63.5 cm x 83.8 cm x 137.2 cm H	500 lb 227 kg

RowERG

With Tall Legs

The RowERG with tall legs (20" seat height) includes all the features of the RowERG with standard legs. It is a good choice if you would like a machine with a higher seat, or if you prefer the appearance of the machine higher off the ground.

The increased seat height also makes it easier to get on and off the machine, especially if you have limited mobility or flexibility with your knees or hips.



Separates easily into two parts for storage

Length	Width	Seat Height	Weight	Space Recommended For Use	Stored Dimensions	Weight Capacity
96 in 244 cm	24 in 61 cm	20 in 51 cm	68 lb 31 kg	9 ft x 4 ft 274 cm x 122 cm	27 in x 47 in x 54 in H 68.6 cm x 119.4 cm x 137.2 cm H	500 lb 227 kg

RowERG

DYNAMIC

The Dynamic RowErg was designed for on water athletes and offers a close simulation to rowing on the water. Unlike our other RowErgs, the footrest on the Dynamic moves, while the feet (and your body mass) move very little throughout the stroke. The Dynamic demands similar concentration and body control to that needed when rowing in a boat, making it an excellent sport-specific training and coaching tool for the competitive rowing athlete.



Length	Width	Seat Height	Weight	Space Recommended For Use	Stored Dimensions	Weight Capacity
76 in 193 cm	24.3 in 62 cm	21.5 in 55 cm	92 lb 42 kg	7.5 ft x 4 ft 229 cm x 122 cm	76 in x 24.3 in x 21.5 in H 193 cm x 62 cm x 55 cm H	500 lb 227 kg