

# Fitness Core-ner

Aqua-Bike

Aqua Elliptical Trainer

Underwater Treadmill

## Introduction of Aqua Fitness



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# BENEFITS OF AQUA FITNESS



1. Strengthen Muscle And Build Stamina
2. Improve Flexibility And Range Of Motion
3. Offer Relief From Chronic Pain
4. Support Bone Health By Increasing Bone Density
5. Rectify Body Posture And Treat Spine Problem
6. Encourage Weight Loss
7. Protect The Heart By Lowering Blood Pressure
8. Promote Healthy Bowel Function
9. Get Rid Of Stress
10. Aqua Aerobic Is Ideal For Injury Rehabilitation
11. Aqua Exercise Are Perfect For Senior



# ABOUT THE MATERIAL- ANSI 316L MARINE GRADE STAINLESS STEEL

ANSI- American National Standards Institute-  
The Institute oversees the creation, promulgation and use of thousands of norms and guidelines that directly impact businesses in nearly every sector: from acoustical devices to construction equipment, from dairy and livestock production to energy distribution, and many more.

**Type 316 and 316L Stainless Steels**



|                                                                                                     |                                                                                                                               |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| <b>316</b><br>Contains more carbon<br>More liable to weld decay<br>Effective in acidic environments | <b>316L</b><br>Contains less carbon<br>better for avoiding weld corrosion<br>Good for high-temperature,<br>high-corrosion use |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|

the balance

Marine grade stainless steel, called type 316, is resistant to certain types of interactions. There is a variety of different types of 316 stainless steels, including 316 L, F, N, H, and several others. Each is slightly different, and each is used for different purposes. The "L" designation means 316L steel has less carbon than 316 steel.



BE STRONGER THAN YOUR EXCUSE-  
NO SWEAT BUT MORE BENEFITS!



# AQUA-BIKE

Exercising in water builds cardiovascular stamina, strength, and flexibility, helps burn body fat, increases circulation, and can help you rehabilitate healing muscles and joints.



# AQUA-BIKE

Material: ANSI 316 L

Dimension: 1125 mm x 580 mm x 1090 mm

Weight: 20 kg



## Adjustment Points

Infinite adjustment vertically and horizontally for seats and handles



## Waterproof Saddle

With Ergonomically design and suitable shock absorption provided comfortable saddle



## Adjustment Points

Infinite adjustment vertically and horizontally for seats and handles



## Water wheel with safety shield

Double resistance and adjustable pedal designs



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# AQUA ELLIPTICAL TRAINER

Exercising in water builds cardiovascular stamina, strength, and flexibility, helps burn body fat, increases circulation, and can help you rehabilitate healing muscles and joints.



# AQUA ELLIPTICAL TRAINER

Material: ANSI 316 L

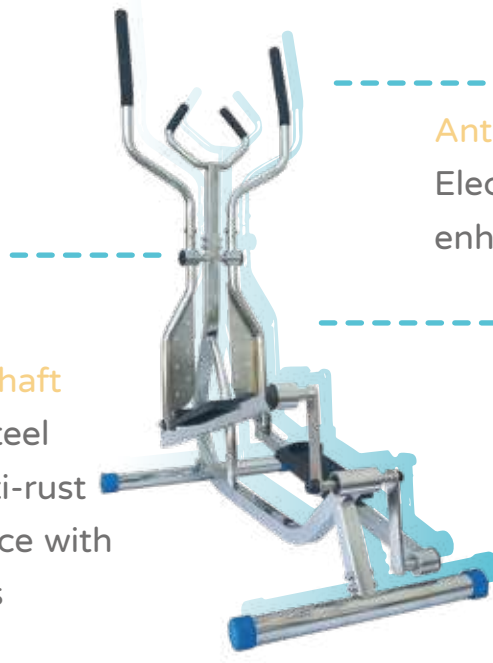
Dimension: 1110 mm x 685 mm x 1520 mm

Weight: 22 kg



## Strong Stainless Steel shaft

High quality stainless steel  
ANSI 316L features anti-rust  
protection in accordance with  
international standards



Anti-slip handle bar & pedal  
Electropolishing to further  
enhance corrosion resistance

## Water Resistance Plate

Resistance plate design to  
generate more resistance





BE STRONGER THAN YOUR EXCUSE-  
NO SWEAT BUT MORE BENEFITS!



## UNDERWATER TREADMILL

Exercising in water builds cardiovascular stamina, strength, and flexibility, helps burn body fat, increases circulation, and can help you rehabilitate healing muscles and joints.





# AQUA ELLIPTICAL TRAINER

Material: ANSI 316 L

Dimension: 1235 mm x 630 mm x 1290 mm

Weight: 42 kg



## Smooth Exercise

Equipped with stainless steel bearings and rollers to give smooth movement



## Anti-slip handle bar

Electropolishing to further enhance corrosion resistance

## Compact Design

Space saving by light, foldable and removable design



## Safety Hooves

360° rotation, adjustable runway slope



## MAINTENANCE METHODS



Used in 25°-30°C, pH 7.0-7.6

High water temperature or acid-base will damage surface molecules.

Maintenance: every 30 days

- ★ Lift product out of the pool/ water
- ★ Wipe the surface dust with a scouring pad
- ★ Rinse with fresh water
- ★ Towel dry the product
- ★ Check all screws make sure they are all tighten
- ★ Check and maintain the bases of pool (avoid damages)
- ★ Ready to put back to pool

Use stainless steel cleaning solution to prevent deposits of metals or chemicals after used in thermal or salt water.



## WARRANTY

About the product  
Warranty:  
frame- 3 years,  
plastic parts- 6 months

# ABOUT THE INSTALLATION



Suction cup for bike or mounting bracket?

- Aqua Fitness -



THANKS FOR YOUR ATTENTION



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